



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

- 1) Introduction
 - a) Standards
 - b) Why Training
- 2) General First Aid
 - a) Workplace
 - b) Outside the Workplace
 - c) Hand Washing
 - d) Gloves
 - e) Immediate Wound Care
 - f) Contact
 - g) Long-Term Wound Care
- 3) Assess & Alert
 - a) Assess
 - b) Alert
- 4) Bleeding
 - a) Identify Serious Bleeding
- 5) Compression
 - a) Direct Pressure
 - b) Wound Packing
 - c) Tourniquets
 - i. Types
 - ii. Placement
 - iii. Tightening
 - iv. EMS Response
 - v. Misconceptions
- 6) Conclusion