



# TRAINING OUTLINE

**COURSE TITLE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_ **INSTRUCTOR:** \_\_\_\_\_

**LOCATION:** \_\_\_\_\_ **TIME:** \_\_\_\_\_ **COMPANY:** \_\_\_\_\_

*Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.*

## SUMMARY OF TRAINING

- 1) Introduction
  - a) Standards
  - b) Why Training
- 2) Anatomy & Inspection
  - a) Interior
  - b) Exterior
  - c) Slings & Hardware
- 3) Stability
  - a) Load Charts
  - b) Load Chart Exercises
  - c) Other Considerations
- 4) Rigging Considerations
  - a) Basic Slings & Hitches
  - b) Sling Angles
- 5) Safe Operations
  - a) Worksite Safety
  - b) Critical Lifts
  - c) Tandem Lifts
  - d) Hoisting Personnel
  - e) Communication
  - f) Personal Protective Equipment
- 6) Hazards
- 7) Conclusion