



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Standards
- b) Why Training

2) Anatomy

- a) Exterior
 - i. Warning Labels
 - ii. Fire Extinguisher
 - iii. Controls
 - iv. PTO Switch
 - v. Emergency Stop
 - vi. Engine
 - vii. Auxiliary Power Source
 - viii. Fuel
 - ix. Lights
 - x. Tires
 - xi. Chassis & Frame
 - xii. Turret & Boom
 - xiii. Bucket & Platform
 - xiv. Stabilizers & Outriggers
 - xv. Hoses & Wiring
 - xvi. Hydraulic Components
- b) Interior
 - i. Glass & Mirrors
 - ii. AC & Heater
 - iii. Cab & Bucket Floor

3) Stability

- a) Balance & Leverage
- b) Center of Gravity
- c) Stability Pyramid
- d) Load Charts & Load Capacity



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- e) Slopes
- f) Dynamic Conditions
 - i. Ground Conditions
 - ii. Weather

4) Safety Begins with You

- a) Mental Health
- b) Fatigue
- c) Medications
- d) Distractions
- e) PPE
- f) Fall Protection
- g) Training

5) Know Your Machine

- a) Inspections
- b) Operator's Manual
- c) Mounting & Dismounting
- d) Rigging Operations
- e) Inspect Equipment
- f) Capacities

6) Know Your Worksite

- a) Communication
- b) Planning a Lift
- c) Pedestrians
- d) Traffic
- e) Electrical
 - i. Active Lines
 - ii. Insulation
 - iii. Tagging
- f) Travel
 - i. Securing Equipment
 - ii. Driving
 - iii. Parking
 - iv. Reversing
- g) Rescue
 - i. Rescue Plans
 - ii. Self-Rescue
 - iii. Assisted Rescue
 - iv. Technical Rescue



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7) Conclusion