



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) The Rescuer's Mindset
- b) Standards
- c) Why Training

2) General

- a) Rescue Techniques
 - i. Self Rescue
 - ii. Non-Entry Rescue
 - iii. Entry Rescue
- b) Rescue Roles
 - i. Entry Supervisor
 - ii. Attendant
 - iii. Entrant
 - iv. Incident Commander

3) Equipment

- a) Ventilation Systems
- b) Tripods
- c) Lighting
- d) Testing Equipment
- e) Lockout/Tagout Equipment
- f) Communication Equipment
- g) Body Wear
 - i. Harness
 - ii. Wristlets & Anklets
 - iii. Ropes & Lanyards
 - iv. Retrieval Systems
 - v. Chemical Protective Clothing
- h) Respirators
 - i. Air-Purifying Respirators
 - ii. Air-Supplying Respirators



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- iii. Inspection
- iv. Cleaning & Storage
- v. Training
- vi. Medical Evaluation
- vii. Fit Test
- viii. User Seal Check

- i) First Aid
 - i. Patient Packaging
 - ii. Emergency Medical Gear

4) Pre-Rescue Procedures

- a) Rescue Plan
- b) Requirements
 - i. Training
 - ii. Practice
- c) Selecting a Rescue Team
 - i. Initial Evaluation
 - ii. Reaction Time
 - iii. Contact Time
 - iv. Response Time
 - v. Assessment Time
 - vi. Preparation & Rescue Time
 - vii. Communication
 - viii. Performance Evaluation

5) During Rescue

- a) Arrival
 - i. Size Up the Scene
 - ii. Offensive vs. Defensive Rescue
- b) Pre-Entry
 - i. General Public Control & Safety
 - ii. Atmospheric Monitoring
 - iii. Hazard Assessment & Control
 - iv. Equipment
 - v. Rigging Systems
 - vi. Knots
 - vii. Belay
 - viii. Communication
 - ix. Verbal Signals
 - x. Horn or Whistle Signals



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- xi. Line Signals
- c) Entry
 - i. Victim Removal
 - ii. First Aid
- 6) Post- Rescue Procedures**
 - a) Post-Incident Analysis
 - b) Clean & Re-Supply
 - c) Documentation
- 7) Conclusion**