



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Standards
- b) Why Training

2) Anatomy & Components

- a) Interior
- b) Operator's Manual
- c) Cab Floor, Seat
- d) Safety Devices, Seat Belt
- e) Interior Cab Decals
- f) Controls
- g) Parking Brake
- h) Air Supply, PTO Switch
- i) Backup Alarm
- j) Horn
- k) Air, Heat, Other
- l) Cab Mirrors
- m) Glass
- n) Exterior
- o) Capacity Labels
- p) Chassis, Frame
- q) Body
- r) Dump Bed
- s) Tail Gate
- t) Protective Structures
- u) Tires
- v) Lights
- w) Engine Check
- x) Hydraulics, Hoisting

3) Principles of Stability

- a) Capacity



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- b) GVWR
- c) Struck Capacity
- d) Heaped Capacity
- e) Balance, Leverage
- f) Center of Gravity
- g) Dynamic Conditions
- h) Slopes
- i) Dump Short
- j) Ground Conditions
- k) Other Considerations

4) Safe Operations

- a) Know Your Machine
- b) Training
- c) Operator's Manual
- d) Maintenance
- e) Body Props
- f) Mounting, Dismounting
- g) Steering, Controls
- h) Loading
- i) Traveling
- j) Dumping
- k) Seatbelts
- l) Personal Protective Equipment
- m) Other Precautions
- n) Know Your Worksite
- o) Pedestrians
- p) Traffic
- q) Parking
- r) Other Site Considerations
- s) Ramps, Trailers
- t) Communication, Hand Signals
- u) Emergency Stop

5) Common Hazards

- a) Critical Lifts
- b) Struck by Machine
- c) Rollover
- d) Struck by Falling Load
- e) Crushed by Bed



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- f) Electrocution
- g) Distractions
- h) Fatigue
- i) Weather: Heat & Cold
- j) Emotional/Physical Health

6) Conclusion

- a) Supplemental: Side Dumper
- b) Supplemental: Articulated Hauler