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WELCOME!

Welcome to the Hard Hat Training Series. Today we will discuss first aid procedures for a variety of different situations.



First aid is a broad topic that covers many different kinds of medical emergencies. It is a tool that can be used to preserve someone's life until proper medical help can arrive on the scene.



Situations that require first aid can come at any time. Whether at work or at home, a medical emergency can strike. In these situations, first aid can be a life-saving tool. However, many people do not feel confident enough to administer first aid, even if they have been trained. This leads to many unnecessary fatalities.



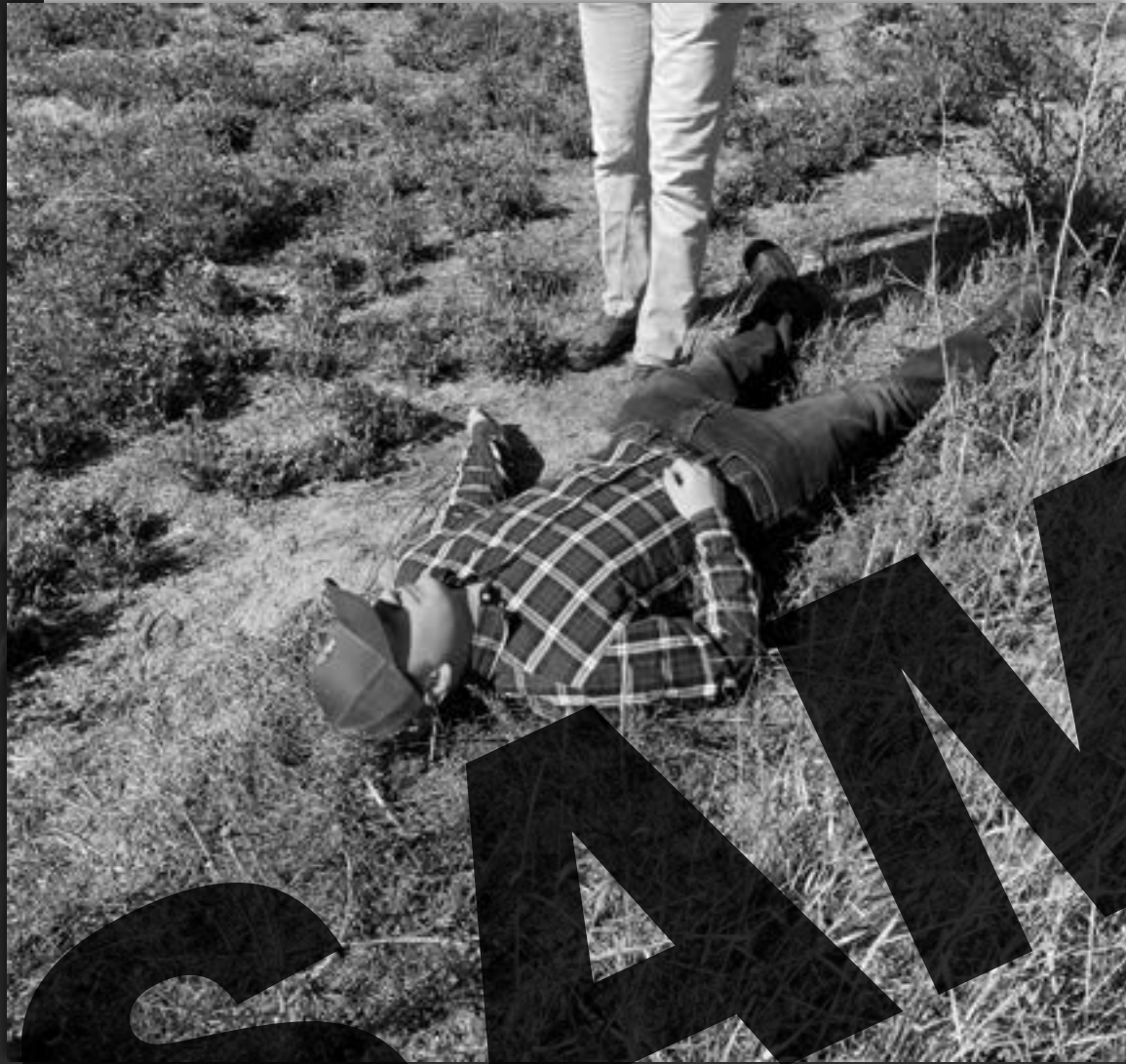


Consider the story of Jon. Jon was an older employee who worked at a local farm. One day, while moving pipe out in the field, Jon suddenly collapsed.



Despite being trained in first aid and CPR, his coworkers panicked. Some ran to get help while others dialed 9-1-1. The entire time, no one knew what to do about Jon.





It took significant time for medical professionals to arrive. By then, Jon was already dead. It was discovered that a pre-existing condition caused him to collapse and stopped his heart.



Had Jon been given CPR, he may have survived the incident. However, though the coworkers were trained, they forgot everything they knew when they were presented with a real situation. We want to make sure you are never put in this same predicament.





The purpose of this training is to teach you basic first aid skills that you may need to perform while you are doing any form of work. Because of the differing sizes between worksites, medical help may take a while to arrive at the scene of an accident. Learning first aid will help you know what to do in such a situation.



There are numerous hazards that apply to different workplaces. We will discuss many of the common hazards in this training. However, there may be other hazards specific to your site. Be sure that you know what other dangers may be present and how you should work to counter them.



Throughout this training, we will look at real, investigated accident profiles. In some cases, two or three similar accidents have been combined for the purpose of illustrating key safety principles. They will show just how quickly things can go wrong when safety procedures are ignored, resulting in injuries or fatalities.



STANDARDS

These are some of the main standards concerning today's topic. Many states or provinces have additional standards, as do some industries. We have provided these as a guide, but it's your responsibility to know all federal, local, and company rules that apply to your job site.




29 CFR 1910.151 – Medical Services and First Aid

29 CFR 1926.23 – First Aid and Medical Attention

26 CFR 1926.50 – Construction Medical Services and First Aid

26 CFR 1926.20 – General Safety and Health Provisions, Training


ANSI Z308.1 – First Aid Kits and Supplies



No matter the situation, it is the employer's responsibility to ask, "Where do we need training?" and to ensure that employees are deemed "qualified" based on the training. The answer is "no." Experience helps, yes, but regulations are very clear that employees must be trained (no matter how long they've been on the job) and that it is the employer who is responsible for overseeing that safety training, ensuring employees have the understanding, knowledge, and skills needed to operate safely.

INITIAL TRAINING and REFRESHER TRAINING, as well as any WRITTEN AND PRACTICAL EVALUATIONS, must be documented and filed. At the very least, employers need to show proof of PROPER AND CONSISTENT TRAINING (in the way of TRAINING OUTLINES, CLASS LISTS, TRAINING GOALS, TESTS, CERTIFICATES, and SO ON.) These documents should include the name of the person who taught the class or conducted the evaluation.





However, training is **NOT** just a one-and-done occurrence; it is **ON-GOING**. In fact, training should take place whenever there is a demonstrated need for it.

Employees **MUST** receive **REFRESHER TRAINING** in the following instances...



1

SAMPLE

There are changes in their assigned duties



2

There are changes regarding potential exposure hazards, for which the employee has not received training



3

S

Any deficiency has been noted in an employee's work performance that is related to the safety and health of themselves or other workers



4

An accident has occurred, or an employee has been injured (or nearly injured) during operations



The extent of training will be determined by the employer, but at the very least it should include **CLASSROOM INSTRUCTION** followed by a **WRITTEN AND PRACTICAL EXAMINATION** that prove continued competency.



Preparation



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