



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Standards
- b) Why Training

2) Governing Bodies

- a) North American Cargo Securement Standard
- b) Application
- c) FMCSA

3) Requirements

- a) Securement Systems
- b) Vehicle Structures
- c) Anchor Points
- d) Securing Devices
- e) Blocking & Bracing
- f) Tiedown Requirements
- g) Direct Tiedown
- h) Indirect Tiedown
- i) Low-friction Scenarios
- j) Working Load Limits
 - i. Working Load Limit
 - ii. Aggregate Working Load Limit
 - iii. Calculating AWLL
- k) Additional Tiedowns
- l) Unloading Process

4) Securing Process

- a) Proper Securing Processes
- b) PPE
- c) Review
- d) Walk-around
- e) Loading Cargo
- f) Attaching Devices



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- g) Tightening the Devices
- h) Attaching Tarps
- i) Driver Responsibility
- j) Inspections
 - i. Pre-Transit Inspection
 - ii. Additional Inspections

5) Specific Cargo

- a) Logs
- b) Bundled Material
- c) Metal Coils
- d) Concrete Pipe
- e) Vehicles
- f) Oversized Cargo

6) Conclusion