



# TRAINING OUTLINE

**COURSE TITLE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_ **INSTRUCTOR:** \_\_\_\_\_

**LOCATION:** \_\_\_\_\_ **TIME:** \_\_\_\_\_ **COMPANY:** \_\_\_\_\_

*Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.*

## SUMMARY OF TRAINING

### 1) Introduction

- a) Standards
- b) Why Training

### 2) Slips, Trips, & Falls

- a) Outdoor Surfaces
- b) Indoor Surfaces
- c) Preventative Measures
- d) General Knowledge
- e) Fall Protection Categories
- f) Max. Arresting Forces & Safety Factors
- g) Equipment
- h) Body Wear
- i) Anchorages
- j) Connective Devices
- k) Fall Prevention Systems
- l) Safe Operations
- m) Familiarity With Equipment
- n) Familiarity With Worksite
- o) Free Fall
- p) Other Considerations
- q) Rescue Plan

### 3) Electrical

- a) Sources of Electrocution
- b) Preventative Controls
- c) Elimination
- d) Substitution
- e) Engineering Controls
- f) Administrative Controls
- g) Personal Protective Equipment



# TRAINING OUTLINE

## 4) Struck By

- a) Safe Operations
- b) Hand & Power Tools
- c) Heavy Equipment
- d) Motorized Vehicles
- e) PPE

## 5) Caught-In

- a) Caught-In
- b) Caught-Between
- c) Safe Operations

## 6) Conclusion