



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Standards
- b) Why Training

2) Anatomy

a) Interior Checks

- i. Operator's Manual
- ii. Cab Floor and Seat
- iii. Safety Devices and Seat Belt
- iv. Interior Decals
- v. Controls
- vi. Mobility Check
- vii. Parking Brake
- viii. Backup Alarm and Lights
- ix. Backup Camera
- x. Horn
- xi. Heating, Cooling, and Filters
- xii. Mirrors
- xiii. Windows

b) Exterior Checks

- i. Exterior Labels
- ii. Chassis, Frame
- iii. Truck Body
- iv. Riding Steps
- v. Tailgate
- vi. Hopper, Cover, and Compactor
- vii. Ejector Panel and Body Lift
- viii. Side Access Doors and Service Covers
- ix. Lights
- x. External Controls
- xi. Tires and Wheels



TRAINING OUTLINE

- xii. Hydraulic System
- xiii. Grease Spots and Lubrication
- xiv. Engine Check
- xv. Lifting Components
- xvi. Lifting Arms and Forks
- xvii. Side Arm and Gripper
- xviii. Container Management Systems
- xix. A Brief Reminder

3) Stability

- a) Dynamic Conditions
- b) Road Conditions
- c) Weather Conditions
- d) Slopes
- e) Operational Stability

4) Operations

- a) Knowing Your Machine
 - i. Licensing
 - ii. Training
 - iii. Pre-Operational Inspection
 - iv. Operator's Manual
 - v. Mounting and Dismounting
 - vi. Seatbelts
 - vii. Steering and Controls
 - viii. Lifting Components
 - ix. Lifting Arms and Forks
 - x. Side Arm and Gripper
 - xi. Rear Loader Attachments
 - xii. Packing Sequence
 - xiii. Unloading
 - xiv. Traveling
 - xv. Giving Rides
 - xvi. PPE
 - xvii. Reflective Safety Vests
 - xviii. Gloves
 - xix. Slip-Resistant Footwear
 - xx. Hearing Protection
 - xxi. Eye Protection
 - xxii. Additional PPE



TRAINING OUTLINE

- b) Knowing Your Worksite
 - i. Pedestrians
 - ii. Reversing
 - iii. Spotter
 - iv. Traffic
 - v. Driving Behind Other Vehicles
 - vi. Safe Parking
 - vii. Other Site Hazards

5) Common Hazards

- a) Struck by Machine
- b) Traffic Accidents
- c) Crushed by Equipment
- d) Falling Accidents
- e) Heat-Related Illness
- f) Electrocution
- g) Hazardous Debris
- h) Some Common Factors
- i) Fatigue
- j) Weather: Heat and Cold
- k) Emotional Health
- l) Physical Health

6) Conclusion