



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Standards
- b) Why Training

2) Anatomy & Inspection

- a) Operator's Manual
- b) Exterior
- c) PPE
- d) Capacity & Labels
- e) Protective Structures
- f) Steps & Ladders
- g) Chassis & Frame
- h) Rear Axle & Suspension
- i) Tires
- j) Brake Housing
- k) Body
- l) Glass & Mirrors
- m) Windshield Wipers
- n) Hydraulics & Hoisting
- o) Couplers
- p) Articulation Area
- q) Dump Bed
- r) Tail Gate
- s) Chains
- t) Lights
- u) Fire Extinguisher
- v) Under the Hood
- w) Engine
- x) Belts, Hoses, Wires
- y) Radiator
- z) Oil & Other Fluids



TRAINING OUTLINE

- aa) Fuel Levels
- bb) Batteries
- cc) Interior
- dd) Cab Floor
- ee) Seat
- ff) Seat Belt
- gg) Decals & Warning Labels
- hh) Controls
- ii) Parking Brake
- jj) Retarder Brakes
- kk) Air Supply, PTO Switch
- ll) Steering
- mm) Horn
- nn) Backup Alarm
- oo) Backup Cameras
- pp) Radio
- qq) Escape Hatch
- rr) Heat, AC, Other
- ss) Maintenance

3) Safe Operations

- a) Mounting & Dismounting
- b) Operator's Manual
- c) Pre-Shift Inspection
- d) Ergonomics
- e) Loading
- f) Loading Capacity
- g) Loading Process
- h) Communication
- i) Using a Spotter
- j) Hand Signals
- k) Adjusting the Load
- l) Hauling
- m) Road Design
- n) Preventing Tire Damage or Failure
- o) Sidewall Cuts
- p) Underinflation
- q) Excessive Speed
- r) Dry Steering



TRAINING OUTLINE

- s) Road Rules
- t) Using the Horn
- u) Traffic Patterns
- v) Traffic, Signs
- w) Railroad Crossings
- x) Other Vehicles
- y) Following Distance
- z) Right of Way
- aa) Pedestrians
- bb) Stockpiles
- cc) Speed
- dd) Braking
- ee) Stopping Distance
- ff) Managing Speed on Downgrades
- gg) Articulating
- hh) Dumping
- ii) Before Dumping
- jj) When In Doubt
- kk) Stability
- ll) Berms
- mm) Loading Out
- nn) Working in Reverse
- oo) Wet Conditions
- pp) Overhead Power Lines
- qq) Visibility
- rr) Blind Spots
- ss) Dust
- tt) Weather
- uu) Lighting & Illumination
- vv) Runaway Truck
- ww) Prepare
- xx) Go Up a Hill
- yy) Go in a Ditch
- zz) Roll in the Box
- aaa) Seat Belts
- bbb) PPE
- ccc) Reflective Safety Vests
- ddd) Gloves



TRAINING OUTLINE

eee) Slip-Resistant Footwear

fff) Hearing Protection

ggg) Eye Protection

hhh) Additional PPE

4) Hazards

a) Mechanical Failure

b) Berm Failure

c) Runaway Truck

d) Struck by Machine

e) Rollovers

f) Unsafe Operations

g) Distractions

h) Fatigue

i) Emotional & Physical Health

5) Conclusion