



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Who's At Risk
- b) Standards
- c) Why Training

2) Identification

- a) What is Sound?
- b) Measurements
- c) Permissible Exposure Limit (PEL)
- d) The Human Ear
- e) Types of Hearing Loss
- f) Sensorineural Hearing Loss
- g) Sudden Sensorineural Hearing Loss
- h) Conductive Hearing Loss
- i) Sound Monitoring
- j) Sound Level Meter
- k) Dosimeters
- l) Baseline Audiogram
- m) Annual Audiograms
- n) Audiometric Tests
- o) Pure Tone Audiometry
- p) Speech Perception Test
- q) Tympanometry Test
- r) Whispered Voice
- s) Tuning Fork Test
- t) Bone Conduction Test
- u) Audiometric Tests for the Hearing Impaired

3) Prevention

- a) Hierarchy of Controls
- b) Elimination
- c) Substitution



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- d) Engineering Controls
- e) Noise Deadeners
- f) Noise Barriers
- g) Noise Cancelling/Absorbing Foam
- h) Administrative Controls
- i) PPE
- j) Types of PPE
- k) Single-Use Earplugs
- l) Pre-Formed or Molded Earplugs
- m) Earmuffs
- n) Specialized Earplugs & Earmuffs
- o) Noise Reduction Rating
- p) Hearing Aids

4) Hearing Conservation Program

- a) Hazard Identification
- b) Sound Monitoring & Testing
- c) Personal Protective Equipment
- d) Training & Education
- e) Recordkeeping
- f) Communication
- g) Follow-Up Procedures
- h) Continuous Monitoring & Improvement

5) Hazards

6) Conclusion