



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Standards
- b) Why Training

2) Anatomy & Components

- a) Inspections
- b) Inside the Crane – The Cab
- c) Controls
- d) Cab cont.
- e) Charts & Indicators
- f) Level
- g) Labels
- h) Hand Signal Charts
- i) Engine Compartment
- j) Crane Structure
- k) Revolving Superstructure
- l) Counterweights
- m) Rotation Bearings
- n) Bolts
- o) Undercarriage
- p) Tires
- q) Track System
 - i. Track & Chain Assembly
 - ii. Chain Assembly
 - iii. Rollers
 - iv. Rock Guards
 - v. Sprockets & Idlers
 - vi. Tracks cont.
 - vii. Outriggers
- r) Boom
 - i. Boom Tip



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- ii. Jib & Extension
- iii. Boom Stops
- iv. Gantry or Live Mast
- v. Bridle Assembly
- vi. Tackle & Reeving
- vii. Boom Pendants
- viii. Winch & Drum
- ix. Anti-Two-Block Switch
- x. Wedge Socket
- xi. Crane Block
- xii. Hook Assembly
- xiii. Headache Ball
- xiv. Hook
- xv. Rigging Gear

s) Wire Rope

- i. Crushing
- ii. Lay
- iii. Broken Strands
- iv. Fatigue Breaks
- v. Tensile Breaks
- vi. Bad Spooling
- vii. Kinking
- viii. Bird-caging
- ix. Lubricating Wire Rope

3) Stability Principles

a) Stability

- i. Leverage

b) Load Charts

- i. Range Diagram
- ii. Load Capacity
- iii. Line Configuration
- iv. Area of Operation
- v. Deductions
- vi. Boom Length
- vii. Capacity Chart

4) Rigging Considerations

a) Typical Rigging Hardware

- i. Lifting Hardware



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- ii. Synthetic Slings

- iii. Round Slings

- iv. Rope Slings

- b) Inspections

- i. Damaged Slings

- ii. Capacity

- iii. Chain Slings

- iv. Basic Rigging Practices

- v. Weight of the Load

- vi. Load's Center of Gravity

- vii. Sling Angles

- viii. Basic Hitches

5) Safe Operations

- a) Planning

- b) Assembling the Crane

- i. Basic Assembly

- ii. Jib Assembly

- c) Know Your Crane and Worksite

- i. Set Up Considerations

- ii. Load Charts

- iii. Side Loading

- iv. Travel Alarms

- d) Communication

- i. Hand Signals

6) Common Hazards

- a) Critical Lifts

- b) Lift Near Water

- c) Floating Cranes

- d) Two-Crane Pick

- e) Pre-Lift Meetings

- f) Common Hazards

- i. Working Around Power Lines

- ii. Electrocution

- iii. Outrigger Hazards

- iv. Soil Types

- v. Overloading

- vi. Load Measurement Systems

- vii. Two-Blocking the Crane



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viii. Hoisting Personnel

ix. Obstructed Vision

7) Conclusion