

## TRAINING OUTLINE

LOCATION:	TIME:	COMPANY:	
COURSE TITLE:	DATE: I	INSTRUCTOR:	_

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

#### **SUMMARY OF TRAINING**

- 1) Introduction
  - a) Standards
  - b) Why Training?
- 2) Equipment
  - a) Mooring Equipment
  - b) Mooring Lines
  - c) Synthetic Ropes
  - d) Nylon & Polyester
  - e) High-Modulus Polyethylene
  - f) Synthetic Line Inspections
  - g) Natural Fiber Ropes
  - h) Metal Cables
  - i) Chains
  - j) Wire Ropes & Inspections
  - k) Heaving Lines
  - Mooring Winch
  - m) Other Equipment
- 3) Mooring Arrangements
  - a) Onshore Mooring
  - b) Mediterranean Mooring
  - c) Baltic Mooring
  - d) Running Mooring
  - e) Offshore Mooring
  - f) Single Point Mooring
  - g) Multi-Buoy Mooring
  - h) Spread Mooring
  - i) Catenary Mooring
  - j) Taut Leg Mooring
- 4) Mooring Forces & Stability
  - a) Environmental Forces

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- b) Wind & Waves
- c) Underwater Currents
- d) Tide
- e) Passing Ships

### 5) Safe Operations

- a) Preparation Process
- b) Training
- c) Situational Awareness
- d) Planning
- e) Risk Assessment
- f) Surface Inspections
- g) Rope Inspections
- h) Equipment Inspections
- i) Personal Protective Equipment
- i) Communication
- k) The Mooring Operation
- I) Heaving Lines
- m) Winch Operations
- n) Rope Stoppers
- o) Securing Lines
- p) Dipping the Eye
- g) Safe Line Use
- r) Post-Mooring Procedures
- s) Post-Mooring Operations
- t) Other Considerations
- u) Emergency Procedures

#### 6) Hazards

- a) Snapback
- b) Damaged Equipment & Ropes
- c) Other Equipment
- d) Operational Hazards
- e) Snapback Zone
- f) Rope Bight
- g) Site Conditions
- h) Employee Errors
- 7) Conclusion