



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Slips and Trips
- b) Falls

2) Cabin Surfaces

- a) Structural Hazards
- b) Stairs
- c) Door Frames
- d) Rugs and Mats
- e) Tight Quarters
- f) Showers
- g) Working Hazards
- h) Ship Movement
- i) Cords
- j) Nets & Ropes
- k) Wet Surfaces

3) Deck Surfaces

- a) Deck surfaces
- b) Flooring
- c) Hatchways & Manholes
- d) Ladders
- e) Pipes & Hoses & Cords
- f) Changes in Height
- g) Gangways
- h) Working Hazards
- i) Equipment
- j) Cargo
- k) Poor Lighting
- l) Grease & Oil
- m) Environmental Hazards
- n) Water



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- o) Ice and Snow
- p) Seaweed, Fish, & Chum

4) Dock Surfaces

- a) Dock Surfaces
- b) Structural Hazards
- c) Piling or Dock Cleats
- d) Working Hazards
- e) Struck By
- f) Caught Between
- g) Fuel

5) Prevention

- a) Prevention Plan
- b) Orderly and Sanitary
- c) Clean and Dry
- d) Free of Hazards
- e) Maintenance and Repair
- f) Guarding Hazards
- g) Training
- h) Walking Precautions
- i) Cabin Surfaces
- j) Stairs
- k) Door Frames
- l) Rugs and Mats
- m) Tight Quarters
- n) Showers
- o) Ship Movement
- p) Cords
- q) Nets & Ropes
- r) Wet Surfaces
- s) Deck Surfaces
- t) Flooring
- u) Hatchways & Manholes
- v) Ladders
- w) Pipes & Hoses & Cords
- x) Changes in Height
- y) Gangways
- z) Equipment
- aa) Cargo



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- bb) Lighting
- cc) Grease & Oil
- dd) Water
- ee) Ice and Snow
- ff) Seaweed, Fish, Chum
- gg) Dock Surfaces
- hh) Fuel
- ii) Fall Protection
- jj) Cages
- kk) Guardrails
- ll) Handrails
- nn) Designated Areas
- oo) PPE
- pp) Foot Gear
- qq) Personal Floatation Device
- rr) Personal Fall Arrest System

6) Conclusion