



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) History of the Opioid Epidemic
- b) Opioid Statistics
- c) Definitions

2) General

- a) What is an Opioid?
- b) Types of Opioids
- c) Morphine
- d) Heroin
- e) Oxycodone & Hydrocodone
- f) Fentanyl
- g) Methadone & Buprenorphine
- h) Naloxone
- i) Benzodiazepines
- j) Signs
- k) Symptoms

3) Addiction

- a) General Addiction
- b) Reward System
- c) Dependence
- d) Tolerance
- e) Withdrawal
- f) Triggers
- g) What Makes an Opioid Different?
- h) Prescription Addictions

4) Opioids in the Workplace

- a) General Duty Clause
- b) Signs of Opioid Abuse in the Workplace
- c) Reporting a Suspicion
- d) Employer Responsibility



TRAINING OUTLINE

5) Treatment

- a) Medicinal Help
- b) Inpatient Therapy
- c) Outpatient Therapy
- d) Individual & Group Therapy
- e) Continuing Care
- f) Relapse
- g) Emotional Relapse
- h) Mental Relapse
- i) Physical Relapse

6) Prevention

- a) Preventing Prescription Drug Abuse

7) Conclusion

- a) So, What Now?