



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Standards
- b) Why Training

2) General

- a) What is a Scaffold?
- b) Supported Scaffolding
- c) Tube & Coupler Scaffold
- d) Fabricated Frame Scaffold
- e) System Scaffold
- f) Mobile Scaffold
- g) Suspended Scaffolding
- h) Tube & Coupler Scaffold
- i) Single Point Scaffold
- j) Boatswain's Chair
- k) Two-Point Scaffold

3) Anatomy & Components

- a) Standards
- b) Ledger
- c) Transoms
- d) Cross Braces
- e) Guardrails & Mid Rails
- f) Planks
- g) Couplers
- h) Toe Board
- i) Base Plate
- j) Adjustable Base Plate
- k) Sole Plate
- l) Casters
- m) Scaffold Levels
- n) Scaffold Access



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- o) Suspension Scaffold Devices
- p) Outrigger Beams
- q) Suspension Ropes
- r) Counterweights

4) Stability

- a) Supported Scaffold Stability
- b) Guys
- c) Ties
- d) Braces
- e) Foundational Principles
- f) Suspended Scaffold Stability
- g) Outrigger Beams
- h) Tiebacks

5) Safe Operations

- a) Pre-Shift Inspection
- b) Scaffold Safety Tags
- c) Capacity
- d) Pre-Shift Meetings
- e) Powerlines
- f) Fall Protection
- g) Personal Fall Protection
- h) Fall Restraint Systems
- i) Guardrails
- j) Safety Net Systems
- k) Access
- l) Ladders
- m) Stairtowers
- n) Other Access
- o) Falling Object Protection
- p) Other Safe Operations
- q) When to Replace Suspension Ropes
- r) Weather
- s) Swinging Loads
- t) Barricades & Danger Area
- u) Housekeeping

6) Hazards

- a) Construction Deficiencies
- b) Electrocution



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- c) Climbing Related
- d) Falls from Platform
- e) Falling Object
- f) Structure Failure
- g) Assembly

7) Conclusion