



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Standards
- b) Why Training

2) Anatomy

- a) Operator's Manual
- b) Decals & Warning Labels
- c) Capacity Plate
- d) Lockout/Tagout
- e) Exterior Checks
 - i. Chassis
 - ii. Protective Structures
 - iii. Lights
 - iv. Hydraulics
 - v. Engine
 - vi. Wheels & Tires
 - vii. Track System
 - viii. Lifting Arms
 - ix. Plow Blade
 - x. Bucket
 - xi. Grader Blade
 - xii. Sweeper Brush
 - xiii. Augers
 - xiv. Civilian Trucks
 - xv. Dump Trucks
 - xvi. Tailgate Spreader
 - xvii. Sprayer System
- f) Interior Checks
 - i. Cab Floor & Seat
 - ii. Seatbelt
 - iii. Controls



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- iv. Heating, Cooling, & Air Filters
- v. Windows
- vi. Mirrors
- vii. Horn & Backup Alarm
- viii. Fire Extinguisher
- ix. Interior Cab Decals
- x. Speed & Steering Controls
- xi. Parking Brake
- xii. Emergency Kit

3) Stability

- a) Breakout Force
- b) Stability Pyramid
- c) Center of Gravity
- d) Operating Capacity
- e) Snow Weight
- f) Dynamic Conditions
- g) Ground Conditions
- h) Slopes
- i) Manual Operations

4) Know Your Machine

- a) Training
- b) Operator's Manual
- c) Pre-Shift Inspection
- d) Mounting & Dismounting
- e) Ergonomics
- f) Steering & Controls
- g) Attachments
- h) Moving Parts
- i) Cleaning & Maintenance
- j) Personal Protective Equipment
- k) Fatigue
- l) Emotional & Physical Health
- m) Distractions
- n) Manual Snow Removal
 - i. Snow Shoveling
 - ii. Snowblower
- o) Material Spreader
 - i) Safety Data Sheet



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5) Know Your Worksite

- a) Pre-Planning
- b) Assessing the Site
- c) Ground Conditions
- d) Lighting
- e) Pedestrians
- f) Maintain Safe Distances
- g) Traveling
- h) Blind Spots
- i) Communication
- j) Safe Piling Practices
- k) Snowblower
- l) Leaving Windrows
- m) Train Tracks
- n) At Height Snow Removal

6) Personal Protective Equipment

- a) Hypothermia
- b) Frostbite
- c) Cover
- d) Overexertion
- e) Layers
- f) Dry
- g) Treatment

7) Conclusion