



# TRAINING OUTLINE

**COURSE TITLE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_ **INSTRUCTOR:** \_\_\_\_\_

**LOCATION:** \_\_\_\_\_ **TIME:** \_\_\_\_\_ **COMPANY:** \_\_\_\_\_

*Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.*

## SUMMARY OF TRAINING

- 1) Introduction
  - a) Standards
  - b) Why Training
- 2) General First Aid
  - a) Workplace
  - b) Outside the Workplace
  - c) Hand Washing
  - d) Gloves
  - e) Immediate Wound Care
  - f) Contact
  - g) Long-Term Wound Care
- 3) Assess & Alert
  - a) Assess
  - b) Alert
- 4) Bleeding
  - a) Identify Serious Bleeding
- 5) Compression
  - a) Direct Pressure
  - b) Wound Packing
  - c) Tourniquets
    - i. Types
    - ii. Placement
    - iii. Tightening
    - iv. EMS Response
    - v. Misconceptions
- 6) Conclusion