



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Standards
- b) Why Training

2) Traffic Control

- a) Know Your Equipment
- b) Driver Distractions
- c) Local Regulations
- d) Signs
- e) Warning Signs
- f) Guide Signs
- g) Regulatory signs
- h) Electric Signs
- i) Traffic Cones
- j) Barricades
- k) Lights
- l) Know Your Tools
- m) Know Your Work Zone
- n) Responsibility
- o) Planning
- p) Keep It clear
- q) Four Phases of Sign Placement
- r) Advanced Warning Area
- s) Transitional Area
- t) Work Zone Area
- u) Termination
- v) Setup Distances
- w) Best Locations For Set Up
- x) Set Up, Management, and Take Down
- y) Internal Controls
- z) Foot Traffic Control



TRAINING OUTLINE

- aa) Signs
- bb) Barriers
- cc) Barricades
- dd) Flaggers
- ee) Alternate Routes
- ff) Engaging With Pedestrians
- gg) General Traffic Control Execution
- hh) PPE
- ii) Distractions
- jj) Laws, Regulations, and Policies

3) Flagging

- a) Reflective Clothing
- b) Composure
- c) Positioning
- d) Visibility
- e) Escape Route
- f) Equipment
- g) Footwear
- h) Gloves
- i) Headwear
- j) Bodywear
- k) Safety Glasses
- l) Radios
- m) Communication
- n) Professionalism
- o) Night Operations
- p) Environmental Conditions
- q) Be Prepared
- r) Know Your Rights
- s) Log Book

4) Hazards

- a) Weather
- b) Motorists
- c) Ergonomics
- d) Distractions
- e) Poor Management
- f) Fatigue
- g) Emotions/Physical Health



TRAINING OUTLINE

- h) Accident Profile #1
- i) Accident Profile #2
- j) Accident Profile #3
- k) Accident profile #4
- l) Accident profile #5
- m) Accident profile #6

5) Conclusion