



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

1) Introduction

- a) Impact
- b) Definitions

2) Predict

- a) Situational Awareness
- b) Cooper Color Code
- c) White
- d) Yellow
- e) Orange
- f) Red
- g) Black
- h) Recognizing Alarming Behaviors
- i) "Strange" Behaviors
- j) Threats
- k) Bringing Weapons to Work
- l) Threats of Suicide
- m) Intra-Personal Conflicts
- n) Drugs of Alcohol Abuse
- o) Performance Issues
- p) Emotional Distress

3) Prevent

- a) De-Escalating
- b) Self
- c) Breathe
- d) Write it Down
- e) Vent
- f) Seek Outside Support
- g) Get Out
- h) Others
- i) Communicate Respect



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- j) Cooperate
- k) Listen
- l) Body Language
- m) Reframing
- n) Assert Yourself
- o) Disengage
- p) Controls
- q) Engineering Controls
- r) Keypads
- s) Key Cards
- t) Lighting
- u) Enclosures
- v) Cameras
- w) Panic Buttons
- x) Administrative Controls
- y) Training
- z) Civility Training
- aa) Bystander Training
- bb) Culture
- cc) Sign-In Procedures

4) Respond

- a) Zero Tolerance
- b) Reporting
- c) Three Cs of Hesitation
- d) Confidentiality
- e) Comradery
- f) Concern
- g) Administrative Investigations
- h) Emergency Action Plan

5) Violence

- a) Type 1
- b) Type 2
- c) Type 3
- d) Type 4
- e) Hitting, Kicking & Shoving
- f) Beating
- g) Stalking
- h) Homicide



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6) Active Shooter Event

- a) Survival Mindset
- b) Awareness
- c) Preparation
- d) Rehearsal
- e) Run, Hide, Fight
- f) Run
- g) Helping the Wounded
- h) Call 911
- i) Hide
- j) Fight
- k) When Law Enforcement Arrives
- l) Incident Investigation
- m) Incident Debriefing
- n) Psychological Support

7) Conclusion