



# TRAINING OUTLINE

**COURSE TITLE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_ **INSTRUCTOR:** \_\_\_\_\_

**LOCATION:** \_\_\_\_\_ **TIME:** \_\_\_\_\_ **COMPANY:** \_\_\_\_\_

*Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.*

## SUMMARY OF TRAINING

- 1) Introduction
- 2) Outdoor Surfaces
  - a) Sand
  - b) Dirt
  - c) Mud
  - d) Gravel
  - e) Grass
  - f) Foliage
  - g) Snow
  - h) Ice
  - i) Roofs
  - j) Scaffolding
  - k) Ladders
- 3) Indoor Surfaces
  - a) Floor Surfaces
  - b) Tile
  - c) Linoleum
  - d) Carpet
  - e) Rugs & Mats
  - f) Wood Flooring
  - g) Concrete
  - h) Grating
  - i) Stairs
  - j) Dockboards
  - k) Metal Surfaces
- 4) Preventative Measures
  - a) Guardrails
  - b) Safety Nets
  - c) Full-Body Harness
  - d) Positioning Devices



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- e) Body Belts
  - f) Lanyards
  - g) Shock-Absorbing Lanyards
  - h) Self-Retracting Lifeline
  - i) Lifelines
  - j) Horizontal Lifelines
  - k) Vertical Lifeline Grabs
  - l) Safety Monitoring System
  - m) Warning Lines
  - n) PPE
  - o) Footwear
  - p) Styles
  - q) Soles
  - r) Safety Toe
  - s) Special Features
  - t) Housekeeping
  - u) Tools
  - v) Materials
  - w) Protruding Objects
  - x) Lighting
  - y) Floor Markings
- 5) Accident Profiles**
- 6) Conclusion**