



TRAINING OUTLINE

COURSE TITLE: _____ **DATE:** _____ **INSTRUCTOR:** _____

LOCATION: _____ **TIME:** _____ **COMPANY:** _____

Safety training was conducted on the above date by the instructor indicated. The following line items identify the topics covered during the training session.

SUMMARY OF TRAINING

- 1) Introduction
 - a) Standards
 - b) Why Training
- 2) General Laws & Regulations
 - a) Planning
- 3) Safe Practices
 - a) Setting Up
 - b) Four Phases of Sign Placement
 - c) Flaggers
 - d) Communication
 - e) Work Zone Hazards
 - f) Weather
 - g) Slips, Trips, & Falls
 - h) Struck By Hazards
 - i) Working Around Loads
 - j) Harmful Substances
 - k) Ergonomics
 - l) Night Operations
 - m) Electrocution Hazards
 - n) Fatigue
 - o) Emotional/Physical Health
- 4) Personal Protective Equipment
 - a) Hard Hat
 - b) Type & Classification
 - c) Fit
 - d) Maintenance & Storage
 - e) Eye Protection
 - f) Ear Protection
 - g) Florescent Vests
 - h) Hand Protection



TRAINING OUTLINE

- i) Footwear
- j) Additional PPE
- k) Respirators
- l) Electrical Safety
- m) Hot & Cold Weather

5) Equipment & Tools

- a) Signs
- b) Traffic Cones
- c) Barricades
- d) Radios
- e) Lighting
- f) Tools
- g) Cutting Tools
- h) Guards
- i) Fastening Tools
- j) Concrete Work
- k) Hazards
- l) Flying Object Hazards

6) Machinery

- a) Forms & Checklists
- b) Mounting & Dismounting
- c) Driving Paths
- d) Danger Zones
- e) Balance & Leverage
- f) Lifting Capacity
- g) Ramps & Trailers
- h) Parking
- i) Emergency Stop

7) Conclusion